

9.35

Low-Impact Treadmill

A step above the rest.

- 1 Durable design for home use** – Precor quality has been time-tested in health facilities worldwide, providing solid construction that translates into long-lasting performance, quiet operation, and trouble-free operation in your home.
- 2 Integrated Footplant Technology™** – Innovative design adjusts belt speed to foot speed, fully complementing and supporting your natural running stride.
- 3 Ground Effects® Impact Control System** – Unique suspension system cushions impact and stabilizes lateral movement, reducing impact on joints, increasing comfort, and minimizing fatigue.
- 4 Easy-to-read, intuitive console** – Access QuickStart, Programs, and User IDs with one touch of a button. Tap Control™ keypad is user-friendly with "quick key" functions. The 9.35 offers a unique workout log and a personal best tracker to keep you motivated during your workout.
- 5 Heart Rate Monitoring** – A combination of easy-to-use handgrip sensors and wireless heart rate telemetry allow you to monitor your heart rate during workouts. SmartRate® displays your actual heart rate to keep you in your target zone for improved cardio-training and weight-loss results.
- 6 Options menu offers greater choice** – The options button allows you to customize your workouts by viewing additional metrics, entering weight and age, or selecting the goal you want to work toward.
- 7 Safety features** – For added assurance, the magnetic safety key and stop button will immediately turn off power when activated. Password protection ensures that the machine can be locked and unlocked at your discretion.



A step above.

- 1 Standard CSAFE interface**—Makes the C956i compatible with electronic fitness systems, such as FitInxx® and CardioTheater®.
- 2 Advanced 3.2 horsepower motor**—Cool and quiet, with substantial power from .5-12 mph. The constant-speed, independent fan improves motor performance at lower speeds, and provides higher torque without overheating.
- 3 0-15% incline ramp**—Simulating running on hills, the C956i incline ramp allows users to exercise different muscles at different levels.
- 4 Ground Effects® Impact Control System**—Easing wear on the knees, legs, and back, the unique suspension system cushions impact and controls lateral motions while remaining responsive.
- 5 21 programs for workout variety**—A mix of speed, incline, and programs works lower body muscles. Everything from weight-loss to custom programs keeps routines fresh.
- 6 SmartRate®**—Shows actual heart rate in relation to user's target zone for weight loss and cardio training.
- 7 Touch-sensitive console**—Multiple feedback options make monitoring workouts easy. Touch-sensitive switches are more reliable, resulting in fewer costly repairs.
- 8 Touch heart rate monitor**—Easy-to-use handgrip sensors monitor heart rate during workouts.

C956i

Commercial Low-Impact Treadmill



EFX[®]534i

Commercial Elliptical Fitness Crosstrainer™

Natural motion meets ingenuity.

- 1 Plenty of storage**—Accessories are easily housed in the console, with space for user's water bottle, portable music player, magazine, and more.
- 2 Total body workout with ergonomic handlebars**—By working together with the adjustable resistance settings, the handlebars make it easy to tone and condition the upper body.
- 3 Great workout for the lower body**—Working out on an EFX yields significantly more gluteal and quad activity than using a stairclimber, cycle, or treadmill.*
- 4 Fixed ramp**—The ramp allows for the patented forward and reverse elliptical stride. Set at 20 degrees to deliver a more comfortable feel.
- 5 Backpedaling targets different muscles**—Works in both forward and reverse so users can simply change pedaling direction to target different muscle groups.
- 6 Standard CSAFE interface**—Makes the EFX[®]534i compatible with electronic fitness systems, such as FitInx[®] and CardioTheater[®].
- 7 5 programs and 20 resistance levels**—Variety of workout plans lets users work all of their lower body muscles and keep routines fresh and motivating.
- 8 SmartRate[®]**—Shows actual heart rate in relation to user's target zone for weight loss and cardio training.*



*Source: Barry Bates, Ph.D., Department of Exercise and Movement Science, University of Oregon.

EXPERIENCE STRENGTH™ S-LINE



Intuitive and easy to use, Experience Strength products offer streamlined operation and are engineered to guide the user through each station.



Sound biomechanics ensure a smooth, fluid motion that feels natural to the user. Walk-in design is featured throughout the line.



Sculptural design and quality materials make Experience Strength equipment a great fit for your facility.

Color set

FRAME



Titanium

UPHOLSTERY



Black

Colors may vary



All S-Line equipment is designed to maximize space efficiency.

UPPER BODY



BICEP CURL

- Preacher curl position with auto-adjust hand grips to fit all users
- Ratcheting adjustable seat for proper positioning
- Weight Stack 170 lbs [78 kg]



TRICEP EXTENSION

- Preacher curl position and ratcheting adjustable seat
- Auto-adjust, comfortable hand grips with ergonomic press pad
- Weight Stack 170 lbs [78 kg]



CHEST PRESS

- Oversized press grips with multiple positions
- Adjustable back pad for desired pre-stretch start position
- Weight Stack 240 lbs [110 kg]

LOWER BODY



LEG EXTENSION

- Adjustable start positions
- Self-aligning ankle pad
- Weight Stack 200 lbs [91 kg]



LEG CURL

- Walk-in setup and adjustable start positions
- Self-aligning ankle pad
- Weight Stack 170 lbs [78 kg]



LEG PRESS

- Walk-through design
- Articulating foot pad stays vertical to mimic a squat movement
- Weight Stack 295 lbs [135 kg]



SHOULDER PRESS

- Oversized press grips with multiple hand positions
- Adjustable seat pad for desired start position
- Weight Stack 200 lbs [91 kg]



PULLDOWN

- Dual-pulley handles with independent and user-defined motion
- Optional lat pulldown bar available
- Weight Stack 220 lbs [100 kg]



SEATED ROW

- Adjustable chest pad and seat height for desired start position
- Comfortable grips with multiple hand positions
- Weight Stack 240 lbs [110 kg]

CORE



INNER/OUTER THIGH

- Easy-adjust start position
- Pivoting thigh pads angled for improved function and comfort
- Weight Stack 170 lbs [78 kg]



ABDOMINAL

- No position adjustments necessary—walk in and use
- Auto-adjust contoured shoulder pads
- Weight Stack 200 lbs [91 kg]



BACK EXTENSION

- No position adjustments—walk in and use
- Lumbar roller pad and pivoting back pad provide a superior, comfortable movement
- Weight Stack 200 lbs [91 kg]



REAR DELT/PEC FLY

- Pivoting movement arms automatically adjust for arm length
- Easy-adjust start position and dual hand positions
- Weight Stack 240 lbs (110 kg)

EASY-TO-USE: The weight stacks on all Experience Strength S-Line machines are designed for easy reach from a seated position.

INSTRUCTION PLACARDS: Simple, step-by-step instructions for setup and exercise include tips that help users maximize their workout.

ACCESSORIES HOLDER: A useful drink and accessories tray is conveniently located at the top of the shroud.

S-Line equipment looks sleek, streamlined and attractive from any angle.



www.precor.com/s-line